

Truffle & Burnt Butter

Total ingredient (raw) weight: 362.87 g
 Total (cooked) weight: 340.87 g
 Weight change: -6.06 %

Nutrition Information		
Servings per package:	1.00	
Serving size:	85.21 g	
	Average Quantity per Serving	Average Quantity per 100 g
Energy	655 kJ	769 kJ
Protein	15.7 g	18.5 g
Fat, total	10.7 g	12.6 g
- saturated	6.7 g	7.9 g
Carbohydrate	0.1 g	0.1 g
- sugars	0.0 g	0.0 g
Sodium	117 mg	137 mg

Ingredient name: Butter, salted
04A10060

Amount: 40.00 g

Energy: 3036 kJ **Fat, total:** 81.5 g **Carbohydrate:** 0.0 g **Sodium:** 776 mg
Protein: 1.1 g **Fat saturated:** 53.8 g **Sugars:** 0.0 g

Ingredient name: Truffle Olive Oil (C)

Amount: 14.00 g

Energy: 0 kJ **Fat, total:** 14.0 g **Carbohydrate:** 0.0 g **Sodium:** 0 mg
Protein: 0.0 g **Fat saturated:** 14.0 g **Sugars:** 0.0 g

Ingredient name: Pepper, ground, black or white
10E10080

Amount: 0.60 g

Energy: 1208 kJ **Fat, total:** 2.7 g **Carbohydrate:** 42.1 g **Sodium:** 25 mg
Protein: 10.7 g **Fat saturated:** 0.1 g **Sugars:** 0.6 g

Ingredient name: Lemon peel, raw
06B10045

Amount: 1.00 g

Energy: 193 kJ **Fat, total:** 0.3 g **Carbohydrate:** 4.2 g **Sodium:** 6 mg
Protein: 1.5 g **Fat saturated:** 0.0 g **Sugars:** 4.2 g

Ingredient name: Saki, rice wine
01A30126

Amount: 7.40 ml **Specific gravity:** 0.98

Energy: 376 kJ **Fat, total:** 0.0 g **Carbohydrate:** 0.1 g **Sodium:** 2 mg
Protein: 0.5 g **Fat saturated:** 0.0 g **Sugars:** 0.1 g

Ingredient name: Salt, sea
10F60065

Amount: 0.02 g

Energy: 0 kJ **Fat, total:** 0.0 g **Carbohydrate:** 0.0 g **Sodium:** 37034 mg
Protein: 0.0 g **Fat saturated:** 0.0 g **Sugars:** 0.0 g

Ingredient name: Beef, round steak, fully-trimmed, raw
08A10831

Amount: 300.00 g

Energy: 457 kJ **Fat, total:** 2.8 g **Carbohydrate:** 0.0 g **Sodium:** 50 mg
Protein: 20.8 g **Fat saturated:** 1.1 g **Sugars:** 0.0 g

NOTE: All nutrient values shown above for these ingredients are per 100g EP

Working values may differ from final NIP due to rounding.

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